



Team Captain

The Team Captain is a role model at any club. You are a most important contributor to ensuring the best available team is fairly selected and that all fixtures are honoured. You'll keep contact with a large group of players and help maintain their enthusiasm and availability. You'll also be the link between the players and the administration. Representing the views of players, and taking responsibility for their performance on and off the field, your advice and guidance should promote their interests in the development and direction of the club.

Ideally-You'll need to be:

- Enthusiastic and dedicated
- Confident and good at communicating
- Committed to fair play
- Familiar with the club and players

What you'll do:

During the week:

- Check pre-match arrangements have been made, such as registering players, checking availability and completing match cards
- Select your team, having maintained contact and availability records. Liaise with the team selectors and other captains
- Represent players on the Rugby Committee and Disciplinary Committee
- Make players aware of administrative arrangements
- Ensure players pay their club subscriptions
- Help the coach organise training and player development
- Encourage players and other club members to get involved with voluntary work and social activities at the club

On match day:

- Lead your team on the field, encouraging them to play their best whilst displaying good sportsmanship; advise and support fellow team mates
- Arrange collection match fees from players and passing to the treasurer
- Welcome new members, visiting teams and referees
- Help to ensure that post match celebrations are within all the best traditions of rugby

How much time it will take up:

- About 10 hours a week.

What you'll get out of it:

- Above all this is an extremely enjoyable and respected post – the highpoint of any playing career. The administrative and people skills you'll develop are transferable to any walk of life, and as a representative of younger people's views in the game, you'll get the satisfaction of doing something truly worthwhile.